

ACID IS FOR BATTERIES!

Not for Healthy People

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Dr. Victor A. Marcial-Vega is a Board-certified Oncologist and has been for 21 years. He trained at John Hopkins Hospital, Professor at the University of Miami, and Washington University Schools of Medicine, testified before the Government Reform Committee and the U.S. Congress on the use of Intravenous Chelation Therapy for the treatment of heart disease and other diseases. He was a Researcher and Consultant in Nutritional Medicine. Ladies and gentlemen, please welcome Dr. Victor A. Marcial-Vega.

Dr. Marcial-Vega. Thank you for a wonderful welcome. This is quite an honor. I am going to show you a few of the things I have found from the Goji—and I am going to make it very simple for you.

You are in a very privileged position right now. You are touching a lot of people, and the common question that I find is, “Doctor, **how much do I take?**” Today we will answer that question. How do you know how much to take, how much to recommend, how to combine it with other nutritional supplements and medications? All of these things I have encountered.

My First Experience with Goji

The first time I became connected with the Goji Juice was a year ago. I went to this conference in Puerto Rico and I wasn't feeling good that day. I was acidic that day. **One thing that I found over all the years of research I've done is that every disease in the human body, whether it is high blood pressure, diabetes, cancer (that is one of the diseases that I manage the most), schizophrenia, stress—any type of discomfort (disease) turns the body acidic—and of course, when the acid gets out of the battery terminal in your car it corrodes, it disintegrates, and depending on the genetics of your family, that will be your “Achilles heel.”** If your family has arthritis, that may be where the acid hits you the most. If you have heart disease in your family that may be where the acid hits you the most. If you have strokes in your family, that may be where the acid will hit you the most. However, **the common thread I have observed in 100% of my patients is that they are acid when they are not healthy; they are alkaline when they are.**

So that day I was not feeling well. I was very acid that morning—and I took an ounce of Goji in a health convention. I felt really good! I took my alkalinity with saliva—it was starting to turn alkaline! Different parts of your body may be acid or alkaline, but one thing that each one of you must have (it's a constant across humanity) is the **saliva has to be alkaline** because then the teeth and the gums will stay healthy. If you don't have an alkaline mouth there will be corrosion of the gums, of the teeth, and it indicates that your blood is not in good shape, so it's a good way of quickly knowing how you are doing.

In 24 hours (by the next morning) I was at 7.4 (which is totally alkaline). I had never encountered this before! This is what got me so interested in the Goji Juice. **Nothing had corrected alkalinity in myself or my patients so fast! Nothing before.** Of course, the historical way of correcting alkalinity and making the body alkaline and therefore healthy, is an alkaline diet (vegetarian diet). But how many of us can make that change in 24 hours! Not many. I found that I stressed more of my patients by attempting to make those changes than by going slow over a period of months, so I needed to find a fast way of doing this alkalinity because **as we become alkaline, we are becoming healthier.**

It's almost like alkalinity does not allow disease in the human body. That's the good thing about it. It does not co-exist with stress; it cannot co-exist with a night of bad sleep. It cannot co-exist with cancer or high blood pressure, so if we can achieve alkalinity we can achieve health. This is what I have observed.

So we have now a very simple way of telling whether we are reaching that goal, and we also have a **very accurate indicator** that will **tell you how much you are taking, if you are taking enough or not and if you are staying in a healthy environment.**

Determining the Dosage

I started doing this with my patients and I started finding something fascinating, that the most common question was answered in all of them. Now it's not a question of whether the Goji Juice will work or not—that's not a question anymore—the question is, **“How much does each person need to reach 100% results?”** That's the new question and **we have been able to answer that. Some people are taking two to four ounces;** most of the patients I see are **taking 10 to 15 ounces a day.** These are **people that are going through cancer therapy.** These are people that are **very sick,** so **they need more**—and this is the way to know. **Once we reach alkalinity in the saliva, then we know.**

Another point I wanted to make is that as you know you are alkaline, you know that you've reached the state you want to be at, and something even more important is that **you start to learn again what makes you sick, what makes you ill, what makes you healthy.** When your wife is screaming, “Honey, did you get the milk, did you get the kids, are you going over to the grocery store?” (You know what I mean!) Or it could be the other way around—your husband can drive you nuts! So it goes both ways!

You can do your **analysis of the saliva** and you will **immediately see the changes in acidity**, how that **stressful episode** can turn you immediately into an acid environment. That will reinforce the importance of this state of alkalinity versus acidity in your health and in the way that you are feeling, which will then become a way of you **knowing whether you are healthy or not—the way you feel**. So you are going to start seeing how the foods you eat, whether you had a good night's sleep or not, whether you are stressed out or not, the medications you're taking versus the nutritional supplements—you are going to see how all these things start affecting this **simple saliva pH test**, which will tell you **whether you are acid or alkaline**. It's very simple, because once we deal with that **we will start seeing exactly what it is that each individual needs**.

Cancer Patients and Goji Juice

I started doing something very interesting. **I started giving it to my patients**. I'm a Radiation Oncologist by training (we combine radiation and chemotherapy) and a lot of my patients are doing both—radiation and chemotherapy. The big problem that we have with these patients is this: that the red blood cells, white blood cells, and platelets (which are indicators of immune system function, indicators of bone marrow health, indicators of the overall state of vitality of that patient during the treatment) will be very low in most patients. It's a very well known fact that these patients get low blood counts from the radiation and chemotherapy. That makes the treatment less effective and it also makes the patient sicker. They get depressed invariably; they get very ill; they can get headaches, fatigue, weakness, muscle tear, skin irritations, etc., etc.

We started finding out that **by giving the Goji and keeping the alkalinity**, none of the patients will get a lowering of the immune system. More importantly, during radiation and chemotherapy I see those patients every week so I have a unique opportunity to do their blood every week and to examine them every week for two months. So I am giving them Goji Juice and I am examining them and monitoring them as well. Most interesting was the fact that normally in leukemia Goji will not only **keep their immune system balanced** during that treatment, it will make it go up! It will normalize it to the levels that are considered "normal." I cannot overemphasize this fact because right now **cancer is the toughest disease on the planet to heal—even tougher than AID's—so if we can heal cancer, we can heal any other disease with nutrition**. That's why I over emphasize this.

Observations in Patients

The other thing I would see is that they would get **younger looking**. During treatment their skin will get better color, they will feel better, sleep better, no depression. In a previous 100% depression situation now we are **seeing no depression in my patients**. It's because of the **rapid correction of alkalinity in the body**. I cannot overemphasize that. In addition to that, almost all cancer patients have one or more of the following: obesity, high blood pressure, diabetes, high cholesterol. That is very common—they are all interrelated.

The next observation that I made in my patients (remember these are people I am following weekly for two months) and while they are doing the radiation treatment I am supervising that treatment directly. The next thing I saw is that they will come to me (the people that were overweight), **“Doctor, look at this. My pants are falling off!”** I say, “Good!” So I started doing an analysis of them. One of the problems with weight loss programs is that you lose the fat, but you also lose the muscle.

I started doing an analysis of muscle and fat, and I found the following: **They all lost weight, but they never lost a muscle, never! So this is indicating a healthy way of losing weight.** It is very important that there was no loss of muscle mass. The second thing that they were saying was, “Doctor, are you sure this does not have caffeine. I have no hunger anymore! It is because there is **so much nutrition in the Goji Juice that they don’t feel hungry.** All their blood perimeter–sodium chemistry, everything was normal, so I was not concerned. It was a very healthy way of losing weight.

The second thing I saw was when my patients reported to me, “Doctor, my **blood pressure is finally under control, I’m taking half of the medication!**” And eventually, all my patients stop all their blood pressure medications. The third thing that they reported to me (and these were the diabetic patients), “Doctor, **I’m not taking insulin anymore. I’m not taking my hypoglycemic drug anymore!**”

This will happen in every single person now. Back then I was learning, but now I know that **when we reach alkalinity and keep the alkalinity**, all these patients will reach a state where **they will not need any more medication.** The question is: **“How long will it take?”** and the other question is, **“How much will they need?”** Two ounces versus 15? These patients are taking radiation and chemotherapy; very commonly the doses were 10 to 15 ounces a day to keep that alkalinity during the treatment, but it was well worth the dose because you are going to hear the results.

The next thing that I heard from my patients was that in their cholesterol examination that we will do, the **cholesterol will go down**—so we started slowly decreasing the medication that these patients were taking until they did not need their medication anymore. Of course, I am giving you facts and figures, but the most dramatic thing is to **see someone getting younger in front of your eyes!** Their face getting that glow again and feeling strong and happy and laughing—that is the best indicator of vitality. Not only can we assist people and give the people that we are touching Goji Juice to become more energized, we need to assist them as well in learning how they got sick, because one of the main reasons I saw my patients going back and getting sick again is because they were getting healthier. You may say, “What do you mean, the most common reason why they are getting sick again is because they were getting healthy?” I’ll tell you why. They were getting so healthy, they were feeling so happy, **so energized that they started living life again.** They will go again for eight full hours a day and feeling life again. But after two or three weeks they will crash—they will feel tired, they will come back to me and say, “Look, I don’t good.” I ask them the question, **“Are you aware that you were feeling so good that you were doing too much?”** and the answer is always, “Yes. I’m aware now. I was not aware of that then.”

Checking the Blood via Microscope and Computer

At this point I was very curious about what was going on with the Goji, so I said, “Let me look at their blood.” Looking at the blood is something that we do in Oncology, but we usually use dyes, and we were killing the blood. We were looking at a microscopic analysis that is not as accurate. I started seeing the blood in a system that I devised—it is actually a microscope, I have a video camera that records what I am seeing in this computer. From the computer I make DVD’s and I give it to my patients so they can have a visual record of what is happening to them. So I did a “**before and after**” the Goji.

Why is the blood so important? Because the blood is the soup of life. The blood transports nutrition in the cells and transports the waste and the toxins out of the body, so this is a transport mechanism that is essential. When the blood is healthy, it’s a good indicator that we are healthy. I sterilize a finger, I take two drops of blood from each patient. I have done this about 2,000 times in about 1,000 patients, and do “before and after” for whatever I am looking for—stress, Goji Juice. I am going to **show you the Goji Juice “pre” and “post” and then I can compare and see what it is doing.** We are going to see the changes now over a seven-day period so you don’t need to be a doctor to understand the things I am going to explain.

(To see these slides in a video, please see attached flash video file)

(First slide) These are **red blood cells** that carry oxygen. Do you see that **they are stacked up together**? They are not healthy. The blood is so acid that they need to stack up to protect themselves. Besides that, do you see these little spots that are moving? Those are **bacteria in the blood**. We’re not sterile inside of our bodies, and this shows too much bacteria content in the blood, this is an exaggerated content. This is a **white blood cell** and it is supposed to be moving. It is **not moving** in this patient—it is totally still; **it is paralyzed**. You want your white blood cells to move and clean out all those bacteria and things that are there. Do you know what these pieces of dark material are? Those are **pieces of cholesterol** that are starting to form in the blood, and these are the pieces that clog the arteries and capillaries and the circulation. This is a **patient of mine before taking the Goji**. These cells are clumped—that’s why the patients feel so tired and weak and depressed and anxious and angry and irritated because the acid does not allow the red blood cells to be separated, to carry the oxygen, to carry the nutrients in and out of the body in an optimal fashion. You don’t need to be a physician to realize what’s happening here. Too many bacteria. Whenever there is **inflammation in the body**—arthritis, heart disease, stroke, anything—**it lowers the pH**. There is acidity and bacteria that migrate to that area to feed off the problem, so if you have pain in the body, there are bacteria there. We are discovering that the amount is not as large as when you have a large infection, but they are there. They are supposed to co-exist with them, but this is an abnormal situation we are looking at. **Cholesterol pieces** (dark pieces) clumping in the red blood cells **paralyze the immune system**.

(Second slide) This is about **48 hours after taking Goji**. It’s not totally normal, but there is **about 60% less bacteria**. This white blood cell is moving a little bit better. The **cholesterol pieces** have **reduced in size**, so this is an improvement, but there is still a lot of bacteria

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floating around. It's not a totally normal situation yet, and they are still pale red blood cells—they are **anemic**. In this patient, even though the acidity has reduced in size, they are still anemic, so they have the problem still.

(Third slide) As we continue giving the patient the Goji you see now the **bacteria has almost completely disappeared**. This is about **72 hours**. Do you see the **cells** moving a little? Now they **are moving freely**, they are more relaxed and are able to carry oxygen in and carbon dioxide out. The white blood cell is still not moving great. It needs to be moving to clean the environment and to assist with this. There is **still acidity**. Do you see those two shiny spots on the top? That's **uric acid**. That's what gives gout, so that tells me there is still acidity in the blood.

(Fourth slide) So we continue with the Goji and look what we see now. The **anemia is gone**—these cells are dark. This is approximately **five days after starting the Goji**—five days! That's very fast for someone who was anemic at a microscopic level, and now they are dark. That is how you want your red blood cells—nice and dark, meaning they have hemoglobin inside, **transfer of oxygen is optimal and at a maximum**. Very good. Only one bacteria floating here and another one down here—very few. This **white blood cell looks healthier**. The edges are smoother, it's looking better; it's looking more relieved. So you see how important it is to have a healthy environment.

(Fifth Slide) Now, let's get a **closeup of the white blood cell after seven days**. That's the way they should be moving. That's a normal white blood cell moving inside of your body, cleaning what it's supposed to be cleaning—from the Goji. This happened from the Goji Juice. This is not from any other experiment I've done. **This is from Goji—I did this myself in my patient.**

The curiosity that I have has led me to look into this because there is a lot of research that I've seen that was from the berry and from other places and locations, but I **wanted to research the actual Goji Juice**. I wanted to see what that juice could do—and this is what it can do! In all the patients that I see, roughly **90% of them will have an increase in the alkalinity of their pH within two weeks**. That is amazing because what used to improve that historically was an alkaline diet.

Be Aware of Overdosing Effect due to Fast-working Goji

The other point I wanted to make is the **Goji Juice is working so well** we have to be careful with the people that are on medications because especially in my diabetic patients and hypertensive patients the Goji is working so fast that within 24 hours my **diabetic patients** will have a very low blood sugar—up to 40 that same day, and the people with high blood pressure that are taking medication will drop their blood pressure sometimes to 90/60 within 24 hours. It is working so well! This means there can be two things happening: (1) the Goji is working so fast that you have the Goji, plus the medicine causing an overdosing effect. (2) people that are taking medication have residual in their tissue and in their fatty tissue, so

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when you get the Goji and it is detoxifying the person (getting rid of all these things), so all of a sudden you have a lot of medicine in the blood and you can get a little bit of an overdose.

So now I regularly tell my patients that have **diabetes**, the same day that you are taking the Goji, **take your blood sugar twice a day**. As soon as it starts going down, **take half of your medicine**. This is a rule that I do now. The second thing is patients with **high blood pressure**, I tell them, “Take your blood pressure **two times a day**. **As soon as it starts going down, start taking half of your medication**, but I also recommend that you contact all the physicians that have been involved with the prescriptions to the medicine, because the more people that are involved in the decision, the better for the person. So remember, the sugar and high blood pressure medications are the most dangerous ones because a change can cause a patient to feel, “I don’t good today..” and it’s **because the Goji Juice is working so fast**.

The Pertinent Question - How Much?

So the most common question, “**How much should I take? How do I know if I am taking the right amount? Should I take Goji if I am taking all the supplements?**” The answer is the same. Take your saliva pH. If it is alkaline you are doing what you are supposed to be doing, but most people are not doing what they are supposed to be doing. That’s why the **Goji has become an invaluable tool in my practice** because it keeps that alkalinity and it makes it happen very fast. The other question is **whether I am taking enough or not**. Take your pH. When it is alkaline you know you are taking the right amount, and this **amount may change from day to day** because our requirements change day to day. But this is a very fast, quick way of knowing that.

So, at this point my research has taken me to the following: **Why are we here?** We are here **to be healthy**. Yes. We are here **to be happy**. That’s all great, but there is something more that we are here for. We are here **to wake up as human beings**. We are here **to expand the human condition**. We don’t know anything really compared to what we are going to be knowing in five years—and Goji has been one of those tools.

I am going into the brain scans. Most people here are **using only 5% of their brain**, but as we become more aware, happier, healthier, our brain wakes up more to 10%, 15%. We can moments of bliss during prayer or meditation **where we are at 25% or 30%**, so the next step is going to be with the **Goji as one of the invaluable tools that has become major in the protocols that I use**. All of my protocols involve Goji—it’s going to be an essential tool to start seeing what’s going to happen in the next few years.

Thank you very much again for having me here.